



**KOSMODERMA ACADEMY
OF AESTHETIC MEDICINE**



**AESTHETIC MEDICINE /
COSMETOLOGY
COURSE FOR
COSMETOLOGISTS**

Eligibility: MBBS, MDS, BDS, BAMS, BHMS

PROMISING FUTURE AHEAD



“Discover seamless career opportunities, build entrepreneurial ventures and become signature personalities in the aesthetic industry.”

CURRICULUM

Kosmoderma Academy of Aesthetic Medicine constantly keeps pace with the emerging trends, innovations and the changing requirements of the industry. Kosmoderma Academy of Aesthetic Medicine reserves the right to update its curriculum as deemed fit from time to time

MODULES

Aesthetic Medicine/ Cosmetology course for Cosmetologists

Eligibility: MBBS, MDS, BDS, BAMS, BHMS

Course Duration: 45 Days

Modules 1

Skin Anatomy & Physiology

Common Aesthetic Skin conditions

Skin conditioning

- Indications And Contraindications
- Side Effects
- Results
- Skin Regimen

Chemical peeling and Microdermabrasion

- Indication & Client selection
- Post Procedure Care
- Live Demo & Hands-on

Acne/Pigmentation and Management

- Contraindications
- Peeling Chemistry
- Complications
- Glycolic Peel
- Salicylic Peel
- Retinol Peel
- Designer Peel
- Blackpeel
- TCA Peel
- Microdermabrasion
- Jetpeel
- Hydra Infusion
- Live Demo & Hands-on

Introduction to Physics of LASER

- Recent Advancement of Laser in AM
- Types of Lasers
- Laser Safety
- Indications And Contraindications

Laser Hair Removal

- Post Procedure Care
- Live Demo & Hands-on

Skin Brightening

- Q-switched Nd:YAG Lasers
- Glutathione
- Live Demo & Hands-on

Scar Management

- Scar Lasers-MNRF/Ipixel/Erbium YAG/Fractional Co2
- TCA Cross and Subcision
- PRP (Skin)
- Post Procedure Care
- Live Demo & Hands-on

Skin Tightening

- RF- Multipolar RF
- RF- Monopolar RF

- Live Demo & Hands-on

Advanced Skin Tightening

- HIFU
- Ultherapy

Modified procedures (Hands-on)

- Hydrafacials
- Medifacials
- Carbon peel etc.

Hair

- Indications & Client Selection
- Contraindications
- Complications
- PRP (Hair)
- DR+Growth Factor
- Post Procedure Care
- Live Demo & Hands-on

Botox

- Anatomy of Lines and Wrinkles
- Introduction to Botox
- Mechanism of Action
- Formulations, Reconstructions, and Storage
- Indications and Contraindications
- Client Selection & Injection Techniques
- Post Procedure Care

Fillers

- Introduction to Fillers
- Types of Fillers (Dermal and Hydra)
- Indications And Contraindications
- Client and Product selection
- Post Procedure Care

Advanced Spot Reduction

- Cryolipolysis

Pharmacology

- Criteria to Select/Prescribe Medication

Modules 2

Consult Skills

- How to Consult

Communication and Soft Skills

- Grooming
- Hygiene
- Client Handling and Softskills
- Emergency Situation Handling

Office Management

- Aesthetic Clinic Framework and Management

Observership

- Live Clinic Visits

Our Courses

- Aesthetic Medicine / Cosmetology Course for Dermatologists
- Aesthetic Medicine / Cosmetology Course for Cosmetologists
- Basic & Advance Course for Medical Aesthetic Nurses
- Basic & Advance Course for Medical Aesthetician
- Micro-pigmentation / Microblading
- Chemical Peeling
- Scar Treatment and Management
- Pigmentation and Skin Lightening Treatment & Management



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